

# SPRING MENU The Queen's Lower School

Week Commencing: Week 3



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Vegetable Soup</b>	<b>Leek and Sweet Potato Soup</b>	<b>Tomato and Pasta Soup</b>	<b>Carrot and Coriander Soup</b>	<b>Beetroot and Horseradish Soup</b>
<b>MAIN MEALS</b>	<b>MAIN MEALS</b>	<b>MAIN MEALS</b>	<b>MAIN MEALS</b>	<b>MAIN MEALS</b>
Beef and Mango Jamaican Stew	Italian Style Pork Meatballs	Chicken Pie	Pork Goulash	Battered MSC Cod with Lemon and Tartare Sauce
<b>VEGETARIAN</b>	<b>VEGETARIAN</b>	<b>VEGETARIAN</b>	<b>VEGETARIAN</b>	<b>VEGETARIAN</b>
Cheese and Tomato Pasta Bake	Quorn Balls in Tomato Sauce	Butternut Squash and Feta Cheese Roast	Macaroni Cheese	Tuna and Cheese Melt or Cheese Panini
Mixed Brown and White Rice Mixed Green Vegetables	Spaghetti Sweetcorn	Roast Potatoes Peas and Carrot Batons	Oven Baked Sliced Potatoes Broccoli and Cauliflower Florets	Chunky Chips Garden Peas
Jacket Potatoes Reduced Sugar and Salt Baked Beans	Jacket Potatoes Reduced Sugar and Salt Baked Beans	Jacket Potatoes Reduced Sugar and Salt Baked Beans	Jacket Potatoes Reduced Sugar and Salt	Jacket Potatoes Reduced Sugar and Salt Baked Beans
<b>DESSERTS</b>	<b>DESSERTS</b>	<b>DESSERTS</b>	<b>DESSERTS</b>	<b>DESSERTS</b>
Chocolate Chip Flapjack	Vanilla Sponge with Custard	Orange Jelly with Orange Pieces	Black Velvet Cake	Jam Roly-Poly with Custard

Available Daily: A selection of seasonal salads and handmade fresh bread and croutons. We always have fresh fruit, yoghurts and fresh water. Allergy information is available on request.

